

Yn y rhifyn hwn:

Clem yn cipio swydd gyda chwmni tanwydd a
gefnogir gan seren rygbi.

(Tudalen 2)



Gyrfa newydd i
menyw o Lanelli
gyda chefnogaeth
gan brosiect
cyflogaeth
(Tudalen 3)

Dyn o Lanelli yn dod o
hyd i swydd newydd
gyda chymorth
Gweithffyrdd
(Tudalen 4)

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Clem yn cipio swydd gyda chwmni tanwydd a gefnogir gan seren rygbi

Mae preswylwr o Ddyffryn Aman wedi dod o hyd i waith ar garreg ei ddrws oherwydd prosiect cyflogaeth a ariennir gan yr UE. Erbyn hyn, mae Clem Davies o Wauncaegurwen, wedi dod o hyd i swydd barhaol fel gyrrwr gyda'r cwmni dosbarthu gwres cartref, olew a diesel lleol, Star Multifuels Ltd.

Roedd Clem, 50 oed, cyn-recriwt y Llynges Fasnachol, yn ddi-waith dair blynedd yn ôl ar ôl cael llawdriniaeth ar ei gefn. Yn dilyn cyfnod adfer llwyddiannus, roedd Clem yn awyddus i fynd yn ôl i'r gwaith.



"Roedd yr amser segur ar ôl y llawdriniaeth yn ddigon; roeddwn i'n ysu am swydd. Dwi bob amser wedi bod mor weithgar, o'm cyfnod yn y Llynges a'r sector manwerthu. Roedd e'n gyfnod anodd, a doedd neb yn fodlon rhoi cynnig i mi a dweud y gwir", meddai Clem.

Cofrestrodd Clem gyda phrosiect Gweithffyrdd y De-orllewin yn Sir Gâr a chafodd ei helpu i chwilio am swyddi addas. Wedyn, cafodd Clem ei gydweddu'n llwyddiannus â swydd dros dro fel gyrrwr gyda Star Multifuels Ltd. Gyda chefnogaeth Gweithffyrdd, roedd e'n gallu cwblhau hyfforddiant am gerdyn CSCS a thystysgrif yrru ADR ar gyfer cludo nwyddau peryglus, gan geisio gwella'i siawns o sicrhau cyflogaeth barhaol. O ganlyniad i'w agwedd gadarnhaol trwy gydol ei swydd dros dro, roedd Clem yn falch o gael swydd barhaol gyda Star Multifuels - lle mae Shane Williams, cyn-seren Cymru a Llewod Prydain, yn gyfarwyddwr cwmni.

Meddai Clem, "Mae gweithio yma'n benigamp. Dwi'n dwlu ar y teithio a dwi'n cael cwrdd â phobl newydd trwy'r amser. Mae'n awyrgylch da a dwi'n cyd-dynnu â'm cydweithwyr."

"Mae Tîm Gweithffyrdd wedi bod yn fendigedig hefyd. Rhydian Anderson, fy mentor, sydd wedi trefnu hyn i mi, a gweithiodd Darrel Williams, Swyddog Cyswllt Cyflogwyr, yn ddiflino gyda'r cwmni - alla i ddim diolch ddigon iddyn nhw. Dwi yn fy mhwm degau nawr. Byddwn i wrth fy modd pe bai'r swydd hon yn parhau am flynyddoedd a gweddill fy mywyd gweithio", ychwanegodd.

Meddai Andrew Lacey, Cyfarwyddwr Star Multifuels Ltd, "Mae cynnydd Clem gyda'r cwmni wedi bod yn rhagorol. Ers iddo fe ddechrau gyda ni, y cyfan dwi wedi clywed gan y cwsmeriaid yw adborth cadarnhaol. Mae e wedi creu cymaint o argraff fel ein bod ni wedi'i roi ar gwrs HGV iddo gael ei drwydded yrru dosbarth 2.

"Mae cefnogaeth Gweithffyrdd wedi bod yn hwb mawr i'r cwmni; hebddi, fydden ni ddim wedi gallu cyflogi Clem. Gan ein bod yn fusnes newydd a reolir gan deulu, bydden ni wedi colli cyfle i gyflogi gweithiwr ardderchog."

Ychwanegodd Shane Williams, cyn-chwaraewr rhyngwladol Cymru a Llewod Prydain, "Dwi'n falch iawn bod y cwmni'n gwasanaethu'r gymuned leol a'r tu hwnt. Hoffwn ddiolch i Gweithffyrdd am y gefnogaeth; mae'n bwysig iawn gallu cyflogi rhywun o'r ardal i ymuno â busnes a reolir gan deulu."

Gyrfa newydd i menyw o Lanelli gyda chefnogaeth gan brosiect cyflogaeth



Mae menyw 32 oed o Lanelli wedi dod o hyd i yrfa newydd trwy gefnogaeth gan brosiect cyflogaeth a ariennir gan yr UE.

Mae Aisha Guard wedi troi swydd wirfoddol gyda gwasanaeth cefnogi i bobl ddigartref yn swydd gyflogedig o ganlyniad i gymorth a dderbyniodd gan Weithffyrdd y De-orllewin.

Wrth chwilio am lwybr newydd yn ei bywyd ar ôl gwneud penderfyniadau gwael yn y gorffennol, astudiodd Aisha Guard am HND mewn Astudiaethau Cyfreithiol a dechreuodd wirfoddoli yn y Wallich, sefydliad sy'n darparu llety a gwasanaethau cefnogi i bobl ddigartref yng Nghymru.

Fodd bynnag, ar ôl deunaw mis o waith gwirfoddol, nid oedd gam yn nes at gael swydd gyflogedig oherwydd nad oedd hi'n gallu gyrru a bod ganddi gofnod troseddol.

Ar ôl cwrdd â Gweithffyrdd mewn grŵp menywod yn y gwasanaeth prawf, cafodd Aisha gefnogaeth gan y prosiect i wella'i CV, chwilio am swyddi a chael mynediad i swydd gyflogedig dros dro gyda'r Wallich. Gydag incwm newydd, roedd Aisha'n gallu fforddio talu am wersi gyrru yr oedd mawr eu hangen arni.

"Dechreuodd popeth wella ar yr un pryd. Oherwydd y swydd dros dro, cefais fy nhalu i weithio yn y Wallich ac roedd yr arian ychwanegol wedi fy helpu i ganolbwyntio ar ennill fy nhrwydded yrru. Gyrru oedd fy mhrif rwystr ac roedd Gweithffyrdd yn fy helpu i oresgyn hyn," meddai Aisha. Pan basiodd Aisha ei phrawf a sicrhodd y Wallich ffrwd ariannu newydd, roedd yn anochel y byddai hi'n cael cynnig swydd gyflogedig. Bellach mae Aisha'n gweithio yng Nghlôs Sant Paul, sef llety dros dro i bobl ifanc ddigartref, ac mae hefyd yn darparu cefnogaeth yn ôl y galw i gleientiaid â phroblemau tenantiaeth, dyled a chyllidebu.

"Rydych yn wynebu sefyllfaoedd gwahanol drwy'r amser. Mae'n waith boddhaol - mae hyd yn oed y pethau lleiaf yn bleser, fel cael person ifanc i ddod i apwyntiad. Ni allwch fod yn afrealistig gyda'ch disgwyliadau. Os yw pobl yn cysylltu, yna mae'n ddechreuad," meddai.

Mae pethau cadarnhaol eraill wedi deillio o swydd newydd Aisha.

"Yn ariannol, rydym yn fwy cyfoethog fel teulu. Nid oeddem yn ymdopi'n dda iawn pan oeddwn yn derbyn budd-daliadau," meddai.

"Nid swydd yn unig yw hon i mi - mae'n yrfa. Mae digon o le i mi ddatblygu.

"Mae'n bwysig iawn i'm plant fy ngweld yn gweithio. Nid wyf am ddychwelyd i dderbyn budd-daliadau," meddai.

"Mae gallu gyrru'n ddefnyddiol iawn hefyd. Rwy'n gallu mynd â'm bachgen bach i'w ddosbarthiadau cic-focsio. Byddaf yn ei yrru i Fryste er mwyn iddo gymryd rhan mewn cystadleuaeth mewn ychydig wythnosau."

Dyn o Lanelli yn dod o hyd i swydd newydd gyda chymorth Gweithffyrdd



Mae dyn 54 oed o Lanelli wedi llwyddo i ddod o hyd i swydd ar ôl 14 blynedd heb waith. Diolch i help llaw gan brosiect Gweithffyrdd y De-orllewin, prosiect cyflogaeth a gefnogir gan yr UE, mae Mark Simlett wedi sicrhau swyddi glanhau gyda CBSA dros Fusnes a Gweithredu Cymdeithasol ac Ysgol Gynradd Five Roads.

Cyn ymuno â Gweithffyrdd, Mark Simlett oedd prif ofalwr ei rieni ac yn ddiweddarach ei fam yn unig am bron i 14 blynedd. Pan fu farw ei fam yn 2009, effeithiwyd ar Mark yn wael.

Dywedodd "Am amser hir roeddwn i ar goll. Wrth edrych yn ôl, roedd yn lle ofnus iawn i fod - roedd yn ymdrech fawr i oroesi pob dydd."

Trwy'r prosiect, mynychodd Mark gwrs magu hyder; derbyniodd hyfforddiant a chymorth llunio CV; derbyniodd gefnogaeth i ddod o hyd i swyddi gwag a hefyd cafodd mynediad i swydd gyflogedig dros dro a roddodd y profiad hanfodol yr oedd ei angen arno er mwyn dod o hyd i gyflogaeth.

Dywedodd Mark, "Gwnaeth Gweithffyrdd fy helpu i wneud y penderfyniadau cywir ar gyfer fy ngyrfa. Roedd yn golygu llawer bod rhywun yno bob amser i'm helpu os oedd gen i broblem neu os nad oeddwn i'n siŵr sut i lenwi ffurflen gais. Gwnaeth yr hyder y gwnaethant ei roi i mi wahaniaeth enfawr."

Dywedodd, "Mae'n rhyddid gwybod bod gen i swydd; i wybod y bydd fy sefyllfa ariannol yn iawn a gwybod nad oes angen i mi boeni rhagor. Rwyf nawr yn barod ar gyfer yfory - yn wahanol iawn i'r gorffennol.

Mae Gweithffyrdd wedi newid popeth i mi - maent wedi bod yn fendith. Yn hytrach na'r hyn y gallwch chi ei wneud iddyn nhw, roeddent yn canolbwyntio ar yr hyn y gallant ei wneud i chi."

Sesiynau Chwilio am Swyddi

Rydym yn cynnal sesiynau chwilio am swyddi rheolaidd drwy gydol yr wythnos yn ein swyddfeydd. Dewch i gael cymorth i ddod o hyd i swyddi gwag, cwblhau ffurflenni cais a llunio eich CV:

Llanelli

Dydd Mawrth, Mercher & Iau
10am-12pm & 1pm-3pm
Canolfan Fenter Llynnoedd
Delta, Y Rhodfa, Llanelli
SA15 2DS

Rhydaman

Dydd Mercher
9.30am-3.30pm
Uned 4 Llys Glas, Heol
Newydd, Rhydaman
SA18 3EZ

Caerfyrddin

Dydd Iau
9.30am-3.30pm
Hen Ysgol Heol y Prior,
Heol Penuel,
Caerfyrddin, SA31 1NH

Cwrdd â Thîm Gweithffyrdd



Shan
Williams
Rheolwr
Prosiectau



Jo Evans
Cynorthwy-ydd
Monitro
Perfformiad



Colin
Williams
Cydlunydd
Prosiectau



Martin
Morgan
Mentor



Rhydian
Anderson
Mentor



John
Thomas
Mentor



Lee
Richards
Mentor



Phil
Davies
Mentor



Alexa Probert
Mentor



Elonwy Williams
Mentor



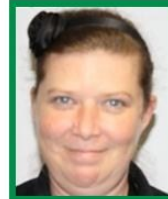
Sian Davies
Mentor



Jake
Williams
Cydlunydd
Prosiectau



Chris
Thomas
Swyddog Cyswllt
Cyflogaeth



Rhianon
Taylor
Swyddog Cyswllt
Cyflogaeth



Darrel
Williams
Swyddog Cyswllt
Cyflogaeth



Julian Lloyd
Swyddog Cyswllt
Cyflogaeth



Gini Penfold
Swyddog Cyswllt
Cyflogaeth



Simon Lewis
Swyddog Cyswllt
Cyflogaeth



Tracy Leeson-
Davies
Swyddog Ansawdd



Julie
Williams
Cynorthwy-ydd
Cefnogi



Katrina
Howells
Cynorthwy-ydd
Cefnogi



Lorraine Busby
Cynorthwy-ydd
Cefnogi

March 2014

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The Avenue, Llanelli, SA15 2DS
Tel: 01554 744322

Carmarthen Office -
Old Priory Street
School, Peniel Street,
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Tel: 01267 242424

Ammanford Office -
Unit 4, Llys Glas,
New Road, Amman-
ford, SA18 3EZ Tel:
01269 590248

Web: www.workways.co.uk Email: workways@carmarthenshire.gov.uk



Clem scores job with rugby star-backed fuel company

An Amman Valley resident has found employment on his doorstep thanks to the support of an EU funded employment project. Clem Davies from Gwaun Cae Gurwen, has now found a permanent job as a driver with local home heating, oil and diesel delivery firm Star Multifuels Ltd.

Fifty year old ex-Merchant Navy recruit Clem found himself out of work three years ago after having surgery on his back. Following a successful recovery period, Clem was eager to get back to the workplace.



“The down time after the operation was enough; I was desperate to get a job. I’ve always been so active, from my time in the Navy and the retail sector. I found it tough going, and no one was really willing to give me a chance” said Clem.

Clem signed up with the South West Workways project in Carmarthenshire and was helped to look for suitable job vacancies.

Clem was subsequently matched with a temporary job as a driver at Star Multifuels Ltd. With Workways support he was also able to complete training for both a CSCS card and ADR driving certificate for carrying hazardous goods, with the view to improving his chances of securing permanent employment.

As a result of his positive attitude throughout his temporary job, Clem was delighted to be taken on permanently by Star Multifuels - which includes former Wales and British Lions star Shane Williams as a company Director.

Clem said “It’s brilliant working here. I love the travelling and I get to meet new people all the time. It’s a good atmosphere and I get on great with my colleagues. The Workways team have been fantastic too. My Mentor Rhydian Anderson made this happen for me, and Employer Liaison Officer Darrel Williams worked tirelessly with the company - I can’t thank them enough.”

“I’m in my fifties now, I’d love to see this job continue for years to come and the rest of my working life” he added.

Andrew Lacey, Director of Star Multifuels Ltd said “Clem’s progress with the company has been superb. Since he started with us, I’ve heard nothing but positive feedback from our customers. He has impressed so much that we have put him on a HGV course, for him to receive his Class 2 drivers’ licence.”

Former Wales and British Lions rugby international Shane Williams added “I’m very proud that the company is serving the local community and beyond. I’d like to thank Workways for their support; to be able to employ someone from the area to join a family run business is very important”.

New career for Llanelli woman with support from employment project



A 32 year old woman from Llanelli has found a new career direction thanks to the support of an EU-backed employment project. Aisha Guard has transformed a voluntary position with a support service for homeless people into a paid job as a result of the assistance she received from South West Workways.

Looking for a change in direction in life after some bad decisions in the past, Aisha Guard had studied for an HND in Legal Studies and began volunteering at The Wallich, an organisation which provides accommodation and support services for homeless people in Wales. However, after 18 months of voluntary work, she was no closer to gaining paid employment as

she was unable to drive and had a criminal record counting against her.

Having met Workways at a women's group in probation, Aisha was supported by the project to improve her CV, search for vacancies and access a paid temporary job with The Wallich. With a new source of income, Aisha was able to afford the driving lessons which she so desperately needed.

"Everything fell into place at the right time. The temporary job meant I could be paid to work at The Wallich and the extra cash allowed me to focus on getting my driving license. Driving was always going to be my barrier and Workways helped me to get over this," said Aisha.

When Aisha passed her test and The Wallich secured new funding, it was a matter of course that she was offered permanent employment. Aisha is now based at Clos Sant Paul, a temporary residence for young homeless people, and also provides floating support for clients with tenancy, debt and budgeting issues.

"You're facing new situations all the time. It's rewarding work - even the smallest things are satisfying - like getting a youngster to keep an appointment with you. You can't be unrealistic in your expectations. If people engage, it's a start," she said.

There have been other positives from Aisha's new job.

"Financially we're better off as a family. We were barely scraping by when I was on benefits," she said.

"This isn't just a job for me - it's a career. There's a lot of scope for me to progress. It's really important for my children to see me working. I would never want to go back to being on benefits," she added.

"Being able to drive has been a big help too. I can take my son to his kickboxing. I'm driving him to Bristol for a competition in a couple of weeks."

Llanelli man finds new direction with help from Workways



A 54 year old man from Llanelli has found job success after 14 years away from the workplace. Thanks to a helping hand from South West Workways, an EU-backed employment project, Mark Simlett has secured cleaning jobs with CBSA for Business and Social Action and Five Roads Primary School.

Prior to joining Workways, Mark Simlett had been the sole carer for both his parents and latterly just his mother for nearly 14 years. When his mother passed away in 2009, Mark was hit hard.

He said “For a long time I was very lost. Looking back, it was a scary place to be - I had to dig deep to get through each day.”

Through the project, Mark attended a confidence building course; received training and CV assistance; was supported to search for job vacancies and also accessed a paid temporary job which gave him the vital experience needed to find employment.

Mark said “Workways helped me to work out the right choices for my career. It meant a lot to know there was always someone there to help me if I had a problem or if I wasn’t sure how to fill in an application form. The confidence they gave me made a massive difference.”

“It’s a freedom to know that I’ve got a job to go to; to know that my finances are going alright and to know that I don’t have to worry any more. I’m ready for tomorrow now - before it was the opposite. Workways really turned it around for me -they’ve been a godsend. Rather than what can you do for them, it was always a case of what can they do for you,” he said.

Job Search Sessions

We have regular job search sessions throughout the week at our offices. Please come along to get help with finding vacancies, completing application forms and drafting your CV:

Llanelli
Tuesday, Wednesday &
Thursday
10am-12pm & 1pm-3pm
Delta Lakes Enterprise
Centre, The Avenue,
Llanelli, SA15 2DS

Ammanford
Wednesday
9.30am—3.30pm
Unit 4, Llys Glas,
New Road, Ammanford,
SA18 3EZ

Carmarthen
Thursday
9.30am—3.30pm
Old Priory Street
School, Penuel Street,
Carmarthen, SA31 1NH

Meet the Workways team:



Shan
Williams
Project
Manager



Jo Evans
Performance
Monitoring
Assistant



Colin
Williams
Project
Co-ordinator



Martin
Morgan
Mentor



Rhydian
Anderson
Mentor



John
Thomas
Mentor



Lee
Richards
Mentor



Phil
Davies
Mentor



Alexa Probert
Mentor



Elonwy Williams
Mentor



Sian Davies
Mentor



Jake
Williams
Project
Co-ordinator



Chris
Thomas
Employment
Liaison Officer



Rhianon
Taylor
Employment
Liaison Officer



Darrel
Williams
Employment
Liaison Officer



Julian Lloyd
Employment
Liaison Officer



Gini Penfold
Employment
Liaison Officer



Simon Lewis
Employment
Liaison Officer



Tracy Leeson-
Davies
Quality Officer



Julie
Williams
Support
Assistant



Katrina
Howells
Support
Assistant



Lorraine Busby
Support
Assistant

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